

COUNSELING/THERAPY

Contact NAMI for support and more information	324-3612
Windsor Laurelwood -6-18 yrs	953-3000
Firelands Counseling & Recovery-children/ families,/Spanish,/hearing impaired	984-3882
Pathways Counseling and Growth Center	323-5707
Applewood Center (children)	934-9930
Oakview Center (Adolescents and adults)	816-8200
Psychiatric and Psychological Services	323-5121
Bellfaire	324-5701... or .. 932-9930
Nord Center (Family, Adult, Children)	322-4663 ... or ... 33-7232
Community Health Partners	960-4730
Far West Center	988-4900
Psychological & Behavioral Consultants, Inc.	324-5430. or 816-2119
Beechbrook (Children, Families, Adults)	1-877-546-1225
Guidestone	(440) 260-8300
<ul style="list-style-type: none"> Children/Adolescent Counseling in home/school Maternal Depression (In the Home) – prenatal & post-partum depression & anxiety The Incredible Years Parenting Classes (Ages 2 -8 Years) <ul style="list-style-type: none"> Dinner, child care, transportation assistance, completion certificate, support 	
New Leaf Counseling Services (Individual/Families, Espanol)	742-1661

DRUG/ALCOHOL ASSESSMENT & TREATMENT

UMADAOP (Urban Minority Alcoholism & Drug Abuse Outreach Program)	246-4616
Oakview Center (Adolescents and adults)	816-8200
Kaiser Drug/Alcohol Treatment Center	1-216-362-2000
LCADA	282-4777 ... or ... 323-6122
Nord Center	204-4161
Psych & Psych Alcohol/Drug Program	323-5121
New Directions (out-patient/ in-patient treatment)	1-216-591-0324
Bassett House (out-patient/ in-patient treatment)	1-800-645-8287
Heartland Circle (Wellington and Oberlin)	647-6086
Windsor Laurelwood Hopsital	1-800-438-4673 ...or ...953-3000
The Key Treatment Center (Women)	277-8190
Veterans Hospital	246-0043 ... or ... 960-3545 After hours 1-216-791-3800
Firelands Counseling & Recovery Services	984-3882

ALCOHOLICS & NARCOTICS ANONYMOUS GROUPS

Central Office of Alcoholics Anonymous	246-1800
<ul style="list-style-type: none"> Info: meeting sites - wheelchair access, non-smoking, men or women only, etc. 	
AL-ANON and AL-ATEEN information	277-6969
Narcotics Anonymous of Lorain County	1-888-438-4673
Families Anonymous - www.familiesanonymous.org -	(440) 779-4357
Hope Christian Church, 32575 Detroit Road, Avon – East entrance - Sr. high room	

GRIEVING CHILDREN AND ADULTS

Infant Death Support for All Family Members	233-1050
Community Health Partners Bereavement Services	934-2298
<ul style="list-style-type: none"> “Rays of Hope” program for adults Widower/widow groups children grieving death or terminal illness of significant other 	
Survivors of Suicide Support Group	949-7744
<ul style="list-style-type: none"> St. Thomas Church (library), 715 Harris Rd, Sheffield Lake/4th Tues of month 	

PARENTING SKILLS and STRENGTHING the FAMILY

Parents as Teachers -In-Home - Newborn -5 years	539-4848
Strengthening Families – Parent and child(ren) participation	366-1106-Ext. 19
<ul style="list-style-type: none"> Groups by age: 5-9 years - 10-13 years - 14-17 years --- Dinner & child care 	
How To Change Your Child’s Behavior – 3-part Seminar at LCCC	716-2222
Berea Children’s Home & Family Services - “The Incredible Years” (440) 260-6468	
<ul style="list-style-type: none"> 12-week program for families of children 2-8 years of age/Dinner provided 	
Heartland Circle (Wellington and Oberlin)	647-9117

SOCIAL SERVICE AGENCIES

El Centro de Servicios Sociales, Inc.	277-8235
Elyria Neighborhood Center	323-7847
Lorain County Community Action Agency	245-2009
Catholic Charities Services (all faiths)	244-9915 ... or ...366-1106
The Salvation Army	323-2026

TRANSPORTATION ASSISTANCE

Avon Lake Community Transportation	930-4126
Lorain County Community Action Agency	245-2009
Lorain County Dial-A-Ride	329-5529
Office on Aging (for elderly)	326-4800

*****LORAIN COUNTY HOTLINES*****

NATIONAL RUNAWAY SWITCHBOARD	1-800-231-6946
SUICIDE HOTLINE (ALSO HOMICIDE IDEATION)	1-800-888-6161
CHILD HELP USA (CHILD SEXUAL ABUSE)	1-800-422-4453
ELDER ABUSE HOTLINE	284-4465
SAFE HAVEN HOTLINE To protect newborn infants from abandonment or harm	
<ul style="list-style-type: none"> Elyria – 329-7500 Oberlin-775-1211 Amherst – 988-6000 Lorain 960-4000 	

FREE LEGAL ASSISTANCE

Legal Aid Society of Lorain County	323-8240
<ul style="list-style-type: none"> Legal representation for low incomes 	
Pro Se Mediation-Lorain County Domestic Relations Court	326-4846
<ul style="list-style-type: none"> Assist visitation/medical bills/property- unmarried or divorced parents Must have established paternity or divorce/ dissolution in Lorain County 	

EMERGENCY SHELTER for HOMELESS

Family Promise of Lorain County – Families with children	284-0494
Blessing House (Children Only 0-12 Years)	240-1851
Emergency Shelter (Men, Women, Children)	277-9272
Faith House (Homeless Families)	277-4430
Lorain County Mission	322-4623
The Salvation Army	323-2026

EMERGENCY SHELTER SERVICES: BATTERED WOMEN

Genesis House for Battered Women & Children	244-1853
<ul style="list-style-type: none"> Available 24 hours a day 	
SAFE-Pet safety & reunification- safeanimals1@yahoo.com	(216) 970-3035
<ul style="list-style-type: none"> Haven for PETS of women/children who leave a violent home environment 	

RESPITE CARE FOR CHILDREN & SENIOR CITIZENS

Blessing House (Children 0-12 years)	240-1851
Kinship Support (Senior Citizens)	228-3400

CHILDREN PHYSICAL and DEVELOPMENTAL DELAYS

Children’s Developmental Center	984-2316 .. or ... 1-800-852-8632
<ul style="list-style-type: none"> Diagnosis & therapy for children with physical or developmental delays 	

MEDICATION ASSISTANCE

Drug Repository	322-6367 ...or ... 244-2209 ...or ...236-8722
<ul style="list-style-type: none"> Offered through the Lorain County Health Department 	
Avon Lake Community Resource Center (Avon/Avon Lake)	933-5639
North Ridgeville Community Cares	353-9716
Oberlin Community Services Council	774-6579
Well-Help (Serves Wellington and surrounding townships)	647-2689

FREE/COST REDUCED MEDICAL AND DENTAL

Lorain County Free Clinic (Adults-medical/vision/dental)	277-7602
Early Start/Help Me Grow (Birth to age 3)	1-800-729-8687
Healthy Start (Ages 0-19 years)	1-877-935-5437
Healthy Families	1-877-935-5437
<ul style="list-style-type: none"> Health care coverage for all family members 	
Prenatal Clinic	323-7595
Lorain City Health Department (Adults/Children)	246-6836
Lorain County General Health District (Adults/Children)	322-6367
Elyria Health Department (Infants and Children)	323-7595
Family Care Center (Income based)	233-0149
<ul style="list-style-type: none"> Pediatrics/Allergies/Obstetrics/Gynecology/ /Dental 	
BCMH	323-7595 ... or ... 322-6367 ... or ...246-6836
<ul style="list-style-type: none"> Assist with child’s medical/dental expenses 	

SICKLE CELL ANEMIA

American Sickle Cell Anemia Society	(216) 229-8600
<ul style="list-style-type: none"> Leslie Carter at Ext. 227 or Lindsey Streck at Ext. 226 Answer questions, provide services and testing, and provide resources Serve newborns, toddlers, children, teens, and adults Sickle cell can target people of African, Middle Eastern, Asian, Hispanic and Southern European ancestry 	

HOSPICE AND PALLIATIVE CARE

Community Health Partners Palliative Care	960-3100
New Life Hospice	1-800-770-5767

CHILDREN’S PAIN MANAGEMENT/DIAGNOSIS

Cleveland Clinic	1-800-223-2273 or (216) 444-2200
<ul style="list-style-type: none"> Evidence-based treatment for diagnosis 	

MEDICAL and ADAPTIVE EQUIPMENT

Easter Seals Northeastern Ohio (Sliding fee scale)	277-7337
<ul style="list-style-type: none"> Short or long-term illness or disability 	

POSITIVE CONNECTIONS FOR WOMEN and MEN

Women’s Development Center-Small business/career development	366-4188
Women’s Link	366-4035
<ul style="list-style-type: none"> Information and referral to college and community resources 	
The Salvation Army (Fellowship, recreation, education)	323-2026

DRUG ABUSE HOTLINE	1-800-422-4453
RAPE CRISIS HOTLINE	1-800-888-6161
CHILD ABUSE HOTLINE	329-2121
BATTERED WOMEN HOTLINE	323-4300 OR 244-1853
SAFE SCHOOLS HELPLINE	1-800-418-6423
<ul style="list-style-type: none"> Report bullying, weapons, etc. at school. NEVER give your name. 	
HOPELINE FOR NARCOTICS ANONYMOUS	1-888-438-4673

PREGNANCY TESTING, PREGNANCY & INFANT SUPPORT

Cornerstone	284-1010
<ul style="list-style-type: none"> • Pregnancy testing/counseling • Male/Female: childbirth/infant care classes • Formula, diapers, baby furniture, maternity and baby clothing 	
Boot Camp for New Dads	233-1050
Birthright of Lorain County	324-9566
<ul style="list-style-type: none"> • Free pregnancy testing/counseling • Free layette for newborn babies • Infant and children's clothing – sizes 0 to 8 years 	Formula, diapers
Family Planning Services (Teens and adults)	322-7526
Community Health Partners Pregnancy Support Program	324-9566

DEAF, HARD OF HEARING, SPEECH DELAY

Community Services for Deaf/Hard of hearing	277-4602
<ul style="list-style-type: none"> • Case management, devices, interpreters, community education, sign language classes 	
Firelands Counseling and Recovery Service (for deaf)	984-3882
Easter Seals of Northeastern Ohio	277-7337
<ul style="list-style-type: none"> • Hearing aids – sliding fee scale • Speech and hearing evaluation and therapy 	
The Rehabilitation Center of Lorain County	984-2416 or 324-6717
<ul style="list-style-type: none"> • Speech and hearing evaluation and therapy 	

VISION EXAMINATION AND EYE GLASSES

Lions Club	
<ul style="list-style-type: none"> • Elyria • Lorain 	365-6871 288-9272
Avon Lake Community Resource Services	933-5639
<ul style="list-style-type: none"> • Avon and Avon Lake communities only • Limited eye care services for income eligible 	
Lenscrafters: Gift of Sight Program	324-2777
<ul style="list-style-type: none"> • Must present a referral letter from a non-profit agency, stating the party's name, age, nature of the vision problem and the agency's tax ID number • Party must be income eligible to qualify for free exam and eyeglasses 	
Well-Help (Wellington and surrounding townships)	647-2689
<ul style="list-style-type: none"> • Children and senior citizens 	
Vision Rehabilitation Services - All ages: Screenings, Visual aids, No Fees	322-1122

INFANT PROTECTION

SAFE HAVEN PROGRAM for INFANTS	
Infant can be delivered to ANY emergency room in Lorain County	
<ul style="list-style-type: none"> • Baby's mother has a 30-day period to change her mind • An alternative to abandoning or harming an infant • Hospitals with Safe Haven Hotlines to help protect infants 	
<ul style="list-style-type: none"> o Elyria 329-7500 o Oberlin 775-1211 o Amherst 988-6000 o Lorain 960-4000 	

INFANT AND CHILD CARSEATS

Easter Seals of Northeastern Ohio	277-7337
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ADVOCATES: SPECIAL EDUCATION or HOMELESS CHILD EDUCATION

Ohio Coalition for the Education of Children with Disabilities	1-800-374-2806
<ul style="list-style-type: none"> • One-on-one assistance 	www.ocecd.org
OCECD Special ed ADVOCATE for Child/Parent–Karen Lyke	1-800-461-1928
Special Education Regional Director (Lorain County)	324-5777 Ext 1136
Parent Mentor s- Canda Pappa & Sarah Baldwin – Lorain County	324-3178
<ul style="list-style-type: none"> • Offers assistance with IEP process and meetings 	Ext 1257 or Ext 1258
Legal Aid Society of Lorain County	323-8240 / 277-9098
<ul style="list-style-type: none"> • LEGALLY assist parents with SPECIAL EDUCATION issues 	
Lorain County for Homeless Children-Advocate/Liaisons	324-3178 Ext 1138
Ohio Department of Education (advocate for homeless children)	1-614-752-1481

AUTISM SPECTRUM/ ASPERGER'S/ADHD/PDD/OTHER DISABILITIES

Special Ed Online Resources for families and professionals	www.toolsfortoday.org
<ul style="list-style-type: none"> • Finance, legal, advocacy, and other special education issues 	
CHAD (Children & Adults with Attention Deficit Hyperactivity Disorder)	www.chad.org
SPECTRUM – Offers Resources and Support Services for Families	(440) 654-4174
<ul style="list-style-type: none"> • Also Offers Education & Day Treatment Services- 3years to 22 years 	
Autism Assistance Technology (Lorain County)	324-1148 Ext1148
Summit Academy for Alternative Learners K-12	277-4110 or 1-800-442-5753
<ul style="list-style-type: none"> • High-functioning Autism / Asperger's Syndrome / PDD / ADHD 	
Joyce Kubick's Bridge to Success Program	933-8309
<ul style="list-style-type: none"> • skills building for families of ADHD - adults and children • www.bridgetosuccess.net 	
Behavioral Intervention Institute of Ohio (BIO)	250-8800
<ul style="list-style-type: none"> • Autism Spectrum and other Developmental Disabilities – 2 to 22+ years • Assess & Diagnosis, Behavior Analysis programming/training, Counseling, • Resources 	www.behavioralinterventioninstituteofohio.com

GED- ALTERNATIVE EDUCATION- LITERACY PROGRAMS

Project Light (Lorain Library) - Adults Learn to Read	244-1192
Project Reads (Elyria Library)) - Adults Learn to Read	324-3863
GED/ABLE Programming throughout Lorain County	366-4530 or 366-4523
TRECA Digital Academy (Computer-based in home K-12)	1-888-828-4798
Job Corp (Dormitory life for education and job training)	1-800-822-3374
Life Skills of Lorain County	324-1755
ECOT-Electronic Classroom of Tomorrow (Computer - K-12)	1-888-326-8395

YOUTH ACTIVITIES and MENTORING

Girl Scouts of Erie Shores	233-6112
Boy Scouts of America	1-800-334-5910
Boys and Girls Club of Lorain County	775-2582
Big Brothers, Big Sisters	1-888-222-7371
The Salvation Army	323-2026

SUBSIDIZED/REDUCED CHILDCARE

Elyria Neighborhood House	233-8768 Ext. 208 or 323-7847
Lorain City View Center	233-4420
Horizon Child Care Center	
<ul style="list-style-type: none"> • Lorain • Elyria 	244-5437 or 288-5437 or 277-0608 458-7847

FOOD & ASSIST for FAMILY CAREGIVERS of CHILDREN

Grandparent and Other Family (Kinship) Support	228-3400
<ul style="list-style-type: none"> • Grandparents raising grandchildren & family members raising relatives' children 	
Heartland Circle (Wellington/Oberlin)	647-6068

ELDERLY CITIZENS ASSISTANCE

Office on Aging	326-4800
<ul style="list-style-type: none"> • Day care, respite care, support groups • Legal services, transportation, mental health, food 	

EMERGENCY UTILITY ASSISTANCE

Love, Inc.	322-5683
Avon Lake Community Center (Avon Lake/Avon)	933-5639
North Ridgeville Community Cares	353-9716
Oberlin Community Services Council	774-6579
Catholic Charities	244-9915 or 366-1106 Ext. 24
Lorain County Community Action Agency	245-1870
HEAP Office	204-3122

RENT/MORTGAGE ASSISTANCE

Love, Inc.	322-5683
Neighborhood House Association	277-9272
Oberlin Community Services	774-6579
Homeowner's Hope Hotline (Missed house payments)	1-888-995-HOPE
HUD (May soon miss a house payment)	1-800 569-4287

CANCER PATIENT ASSISTANCE

FREE House cleaning service - female cancer patients - Info @ (440) 381-9315	
• MUST register on website: www.cleaningforareason.org/maidservice.php	
RENT/MORTGAGE ASSIST -Karen P. Nakon Breast Cancer Foundation	933-7621

EMPLOYMENT SERVICES/TRAINING

Employment Network	284-4664
Career Development Program	774-1051
LEEP/CIL (Job training-includes disabled)	324-3444
Lorain County Community Action Center	245-2009
El Centro de Servicios Sociales	277-8325

APPLIANCES, FURNITURE, and HOUSEHOLD ITEMS

Pass-It-On	277-1335
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EMERGENCY FOOD/CLOTHING/ HOT MEALS

Lorain County Community Action Agency	245-2009
Catholic Charities of Lorain County	244-9915
The Salvation Army	323-2026 / 244-1921
Sacred Heart Chapel (Lorain)	277-0327
Elyria Neighborhood Center	323-7847
Love, Inc.	322-5683
Avon Lake (and Avon) Community Resource Services	933-5639
St. Elizabeth Seton (Columbia, Eaton, Grafton)	236-5095
Oberlin Community Services	774-6579
Well-help (Wellington and surrounding townships)	647-2689
Lorain County Office on Aging	949-8146
Ridgeville Community Cares	353-0828
United Church of Christ (Vermilion)	967-5212
South Amherst First United Methodist Church	986-2461
Neighborhood House (Seniors)	277-8269
First United Presbyterian Church (Elyria)	322-5982

NEED ADDITIONAL HELP?

FIRST CALL FOR HELP	www.211lorain.org OR DIAL 211
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